

Lunch Menu – Autumn 2023

	Week One	Week Two	Week Three
Monday	<i>Tuna Pasta</i> <i>Apples</i>	<i>Chicken Korma with mixed rice</i> <i>Satsuma</i>	<i>Vegetable Ragu with couscous</i> <i>Apple</i>
Tuesday	<i>Sausage and Pearl Barley Stew</i> <i>Banana</i>	<i>Vegetable Soup with a bread roll</i> <i>Apples</i>	<i>Smoked white fish Jambalaya</i> <i>Banana</i>
Wednesday	<i>Vegan Chilli with mixed rice</i> <i>Pears</i>	<i>Lamb Tagine</i> <i>Fresh Fruit Salad</i>	<i>Cottage Pie</i> <i>Apple</i>
Thursday	<i>Turkey Bolognese with Spaghetti</i> <i>Fresh Fruit Salad</i>	<i>Tuna Teriyaki with noodles</i> <i>Satsuma</i>	<i>Chicken Chasseur</i> <i>Satsuma</i>
Friday	<i>Chicken Roast with potatoes and seasonal vegetables</i> <i>Satsuma</i>	<i>Macaroni Cheese</i> <i>Pears</i>	<i>Moroccan Lamb with mixed rice</i> <i>Fresh Fruit Salad</i>



